

# The TPA News

The Passing Academy is a private coaching company that makes potential happen

## Special Feature

### TPA's Summer Passing Practice



The Most Informative Passing Camp

It is that time of the year again; it's time for the Summer Passing Practices, by The Passing Academy and Powerade.

Train smarter than your competition by learning the game, breaking down defenses with your mind before the snap. Learn the proper throwing technique. Be a threat at WR. Be a shutdown defender!

We have planned great guest speakers this year from Radio Hosts, NFL Players, to War Heroes. We look forward to seeing you out there!

Saturdays 10am to 12 at Fellowship Christian School. It starts June 11<sup>th</sup> through July 16<sup>th</sup>. Ages 10 through 18.

### Summer QB Specific Functional Training



Quarterbacks, train like the pros! TPA has the most exact way to train. We train your movements and technique that you do on the field in the weight room.

Throwing with velocity comes with rotational core strength. Moving correctly with great balance is a must.

If you want to be the ultimate quarterback then this program is perfect for you. It is a 60 day program with 5 available days per week to train. It will be at Sports-A-Rama of East Cobb. Call for details.

### Quote Of The Month

"Sure, luck means a lot in football. Not having a good quarterback is bad luck."

- Don Shula

The Passing Academy  
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[www.ThePassingAcademy.com](http://www.ThePassingAcademy.com)

## ANNOUNCEMENTS:

### New Students Signed To The Passing Academy

**Will Ruggiano**, 2012- QB, of Westminster, has recently signed to The Passing Academy. Without a doubt he has a huge arm, great focus, good size, and so, Will has a good projection and could "wow" us. He is a bit late to us, but we are going to put him on a fast track plan. Once we are happy with progress it will be time to get him to the college 1 day camps!

**Ross Malmgren**, 2019- QB out of the Acworth Junior program has also signed to TPA's roster. Ross' program will be about smoothing technique and footwork. He is poised to progress and we are excited to have him apart of TPA. For such a young student he has shown quick understanding of what the goals are! And He wants it!

**Evan Patterson**, 2020- QB, of the East Cobb Vikings has started training with TPA. Evan is a fun player to work with. If I had to choose a word to explain him, it would be effort. Evan gives it what he has!

## This Is What It's About



The Passing Academy is actively involved with **The North Metro Miracle League**. NMML provides inclusive adapted sports and social activities for children and adults of all abilities.

They are committed to the philosophy that every person deserves to be acknowledged, valued and included. They are also dedicated to promoting positive images that demonstrate the value of every member of our community.



TPA and NMML invite you to join us as a player, volunteer, sponsor or friend. You will be glad you did!

Call Chris Hixson at The Passing Academy a call to find out how you can become a part of the program. We need volunteers this Saturday!

North Metro Miracle League Website  
<http://www.nmml.net/home.html>

**FREE \$80 Session!**  
**Bring this newsletter in for a FREE Diagnostic Video Session!**  
For anyone new to TPA



## Article Of The Month

### Leading On The Field The 2<sup>nd</sup> of 4 in the Series of Leadership

Every team needs a good example on the field, from the Dallas Cowboys to the East Cobb Vikings.

Being a well rounded leader means you have to lead everywhere you go, and the main place you will be going, is on the field. Nobody has ever heard the story of the lazy team who made it to the championship game, because that doesn't exist; a team must have leaders on the field.

To the world it may seem as the only leaders on the team are the big, strong, athletic, senior, starters, but that is not always the case. In fact, you do not have to have one of those qualities to be a leader on the field. Practice is a huge part of being on the field. A leader in practice is a player who goes full speed on every rep. He is a player who is encouraging to all players and is willing to help anyone.

In a game, a leader will never show defeat. He is giving the team all he has every down. A leader goes and proves his worth in game. A leader can show how much he deserves to have what he has without saying a word. A leader can be an on-the-field coach because he knows everyone's assignments as well as his own. A leader will commit mistakes but will take responsibility for them and even other player's mistakes.

A leader can't choose to be a leader one day and not the next, he is a leader all the time, everyday and lead the way that's best for the followers.

"People ask the difference between a leader and a boss. . . The leader works in the open, and the boss in covert. The leader leads, and the boss drives." - Theodore Roosevelt

Jacob Chesser  
TPA Staff

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